







2nd Annual Healthy Campus Week at

September 23-29, 2019

/23

HCW Kickoff Rally (NCPC Atrium @ 12:30 pm)

GetFit MSM Workout (Fitness Ctr. @ 5:00 pm)

/24

Wellness Scavenger Hunt (NCPC Atrium @ 12:30 pm)

Instant Recess Flash Mobs (@ 2:00 pm)

/25

Release & Relax Stations (all day)

GetFit MSM Workout (Fitness Ctr @ 5:00 pm)

/26

The Biggest Recess Challenge (NCPC Atrium @ 1:00 pm)

/27

Fruit & Veggie Friday Social Media Challenge (#HealthyCampus on all posts) /2 ±

MSM @ Total Fitness Revolution (@ 9:00 am)

/2

Atlanta Streets Alive Southwest (@ 2:30 pm)

/30

Turn in HCW Passports

HCW Grand Champion Prize Raffle (@ 12:30 pm)